

Native American Food Pyramid



Healthy Lives CAN Fit For Kids

California Adolescent Nutrition and Fitness Program

<http://www.canfit.org>

*Designed by CANFit Youth Leadership Committee & Project Staff
 Escondido Community Health Center*

Funded by The California Adolescent Nutrition and Fitness Program, Berkeley, CA,
 Contract# ISI 1-95

Note: These are only a few of the many Native American Foods that could fit within the Food Guide Pyramid